



Stress, Depression and Anxiety Presented by Brendan Loughnane

(Aimed at teachers, teaching assistants, learning support staff, foster carers, social workers, youth workers and parents.)

Stress, Depression and Anxiety: This session will clarify the nature of stress, depression and anxiety. It will consider the impact on children and young people's learning, development and well-being. It will also offer researched strategies for supporting children who suffer stress, depression and anxiety.

Feedback from some previous sessions:

'Very thought provoking and interesting...I want to do more now!'

'Very interesting and extremely useful'

Date: 6/3/19

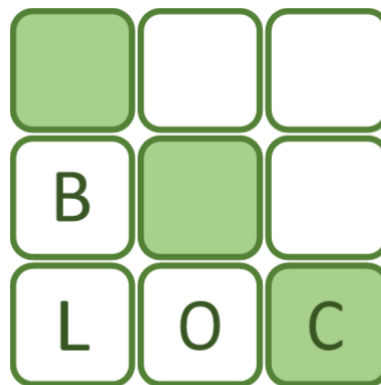
Time: 3:30 – 5:30

Venue: The West Lakes Academy, Egremont

Cost: £40 each

To book a place please contact:

TSA@westlakesacademy.org.uk



TRAINING AND CONSULTANCY LTD

Brendan Loughnane



Brendan has established himself nationally as a recognised and valued practitioner, trainer and leader in the field of children's Social, Emotional and Mental Health (SEMH).

He has worked for over 30 years in special schools for children with emotional and behavioural difficulties.

His current training programmes are delivered across the whole of the U.K. to mainstream and special schools as well as foster care agencies.

He currently sits on the National Council for the organisation SEBDA (Social, Emotional and Behavioural Difficulties Association) and delivers training to education and care establishments across the country on their behalf.